

WELLNESS DEPARTMENT

The philosophy in the health and wellness department is that your health is the most important asset you own. Without it, nothing else matters. It is your responsibility to reach your optimum level of good health. Remember to bring a pass, sign in at the desk, and have a seat. The staff will notify the appropriate person you are to see. We need you to bring your ID with you to be seen in the Health and Wellness Center.

Wellness Hours

By Appointment Only

Dentist & Hygienist

Tuesday	Wednesday
7:00 am – 12:00 pm	7:00 am – 12:00 pm

Sick Call

If you are in class: do not call from class or leave without your instructors' permission.

If you are home: student or minor's guardian must call before 8:30am.

Appointments: must be arranged and confirmed to be excused from the training day.

Except in case of an emergency, **students will not be seen during class time or break time without a call from your instructor.**

A cursory or quick check is provided upon arrival on center by a member of the Health and Wellness staff.

The dentist will examine you at any time upon your request. At that time, you will be classified according to your dental needs. Students with the greatest need for care will be seen first. The following treatments are provided to students: exam, x-rays, cleaning, filling/restorative, and extractions. Braces are not provided on center. Any additional needs may be referred off center at the discretion of the center dentist.

You may request an appointment with the center mental health consultant through your Career Counselor or the Health and Wellness Center.

If you have medical/mental health concerns, we may request that your records be sent to Job Corps. All medical records are **CONFIDENTIAL**.

Mental Health Program

The mental health program provides assessment, support, diagnosis and referrals to students with mental health concerns. Requests for mental health services can be made through the student's Career Counselor or through the wellness center staff. Services are available:

Mental Health Services

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM- 4:00PM	9:00 AM – 4:00 PM	9:00 AM – 4:00 PM	9:00 AM - 4:00 PM	9:00 AM- 4:00 PM	7:00 AM- 3:00 PM

Family Planning Program

This program includes counseling, health promotion activities and medical services. Pregnancy program education and prevention services are available. The family planning program coordinator is the Wellness Director.

Sexual Assault Response Team (S.A.R.T)

The Sexual Assault Response Team (S.A.R.T.) is a multi-disciplinary team developed to improve services to victims of sexual assault. The team is composed of the: Center Director, Social Development Director, Health and Health and Wellness Director, Student Personnel Officer, Student Support Manager, Safety and Security Manager, Center Mental Health Consultant, and Residential Living Supervisor.

The benefit of the S.A.R.T. is the ability to provide a full range of comprehensive services to victims who have decided to report a sexual assault.

If you are a victim and you have been sexually assaulted (either on or off center), please contact Security, Health and Wellness or any staff member immediately in which the staff member will notify a member of the S.A.R.T. If you are a minor, your parents will be notified of all information shared and discussion/decision of next steps.

Disability Program

Provides individualized and coordinated services/accommodations to students with special needs through an array of services that may be used throughout the students stay within Job Corps. The Disability Coordinator will meet and evaluate students suspected of having a disability. Once students are found to have a qualifying disability, Job Corps must provide

them with the necessary services and resources to meet their unique needs. The goal is to help the students make progress in school.

All qualified and confirmed accommodations will be noted in the computer system so that all staff may be aware of his/her needs and ways to better assist in the personal and professional development of the student.

The Disability Coordinator provides early interventions in which students are met with during his/her 1st week of their stay to discuss or address any known matters.

Disability Accommodations

Reasonable accommodations will be made for students with disabilities in accordance with Section 188 of the [Workforce Innovation and Opportunity Act of 2014](#), [Section 504 of the Rehabilitation Act of 1973](#), and their implemented regulations.

Support for Students with a Disability

The Whitney M. Young Jr. Corps Center program is an equal opportunity and non-discriminatory education and training program. All eligible applicants and students are afforded an equal opportunity to participate in all the benefits that Job Corps has to offer. Job Corps is an inclusive program and all students learn together regardless of disability status.

Are you an individual with a disability?

A disability is a mental or physical impairment that substantially limits one or more major life activities.

A mental or physical impairment could include:

Learning disabilities, AD/HD, depression, bi-polar, severe diabetes or asthma, paralysis, autism, certain vision or hearing impairments, etc.

Major life activities could include:

Breathing, learning, talking, walking, working, caring for oneself, etc.

Students with a disability may qualify for reasonable accommodation support while in the Job Corps Program. **Just ask.**

Why Disclose Your Disability?

The main reason for disclosing a disability is to ensure support is provided to participate successfully in the Job Corps program. Examples of such are extended time for testing, breaking down steps to a task in trade, etc.

What are Reasonable Accommodations?

Reasonable accommodations provide different ways for individuals to take in information or communicate their knowledge. The changes don't alter or lower the standards or expectations but level the playing field. Some examples of accommodations are:

- Test questions read out loud
- Enlarged print
- Extended time on tests and assignments
- Use of computer for writing, spell check, etc.
- Use of highlighters to remember key words
- Calendar or graphic organizer
- Additional time to get to and from class
- Preferential seating to reduce distractions
- Flexible schedule for required appointments
- First floor dorm room

Reasonable Accommodation Support

If students did not request accommodations during enrollment, requests can be made at any time while you are enrolled at Job Corps. Each center has a disability coordinator. This person will be able to assist you with the process of requesting reasonable accommodation. The process may include the following:

- Completing the request for accommodation form (you can get a copy of the form from the disability coordinator who can assist you with completing it, if necessary)
- Providing documentation of your disability unless it is an obvious disability (examples of documentation are IEPs, Vocational Rehabilitation documents, medical documentation)
- Meeting with disability coordinator(s)/reasonable accommodation committee to review documentation and discuss possible reasonable accommodations
- Creating an accommodation plan with the reasonable accommodation committee

If you are unsure if you qualify for reasonable accommodation, talk with the disability coordinator. If you need extra help or support while attending school, you may be eligible to receive accommodations at Job Corps.

Other Specialized Programs

Other specialized programs in the Wellness Center are weight reduction, hypertension, diabetes, asthma and epilepsy. Come and see us if you need assistance in any of these areas

If you call 911 or seek medical attention off center without the approval of the wellness center, you will be responsible for payment of these services.

The center is not funded to cover all student medical costs. Job Corps does not carry insurance for students. All students are encouraged to apply for insurance if they do not already have insurance. If assistance is needed with this process, the wellness staff are happy to help.

If you have a medical issue beyond our scope you will likely receive a medical separation – this separation may be only until you have solved your medical problem, or you may have to reapply to Job Corps after one year.

Trainee Employment Assistance Program (TEAP)

The goal of the T.E.A.P program is to resolve short-term problems and assist to avoid long term problems that may hinder employability, work performance, school advancement, medical matters, legal assistance, behavioral and substance abuse issues.

The T.E.A.P. program offers counseling, referrals and resources to aid all students during their stay within Job Corps.

Mandatory Referrals

Several students will be mandated to attend T.E.A.P sessions with the T.E.A.P. specialist when a substance abuse problem is suspected or noted. The T.E.A.P. specialist provides articles, tests, videos on many different topics, and face to face interventions as needed. The program lasts for six weeks.

It is also encouraged that students participate in the H.E.A.L.S. program so energy levels are increased, students are actively involved and engaged.

Tobacco Use Prevention Program (TUPP)

The Tobacco Use Prevention Program provides resources and assistance to all students regardless of age for development, enhancement, and initiatives to prevent death and disease from tobacco use and secondhand smoke exposure.

The program focuses on three priority areas:

- Preventing the initiation of tobacco use among young people
- Promoting quitting among tobacco users of all ages
- Eliminating nonsmokers' exposure to secondhand smoke

Whitney M. Young Job Corps Center provides a smoke-free, tobacco-free environment that prohibits the use of all tobacco products in center buildings and center-operated vehicles. The center has designated outdoor smoking areas located a minimum of 25 feet, or as required by state law, away from the building entrance.

Students are prohibited to sell tobacco products on center.

Adherence to federal and state laws regarding the use of tobacco products by minors. Minors who use tobacco products must be referred to the TUPP and will receive a negative incident report of continued actions.